



REPUBLIC OF THE PHILIPPINES  
Department of Education  
REGION X - NORTHERN MINDANAO  
DIVISION OF TANGUB CITY

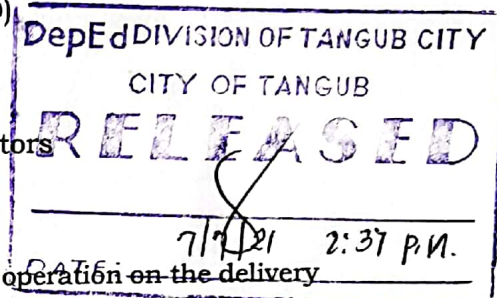
July 5, 2021

**DIVISION MEMORANDUM**

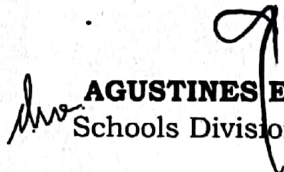
No. 145 s. of 2021

**Subject: Virtual Capacity Building for Psychological First Aid Providers for DepEd COVID-19 Infected Individuals**

To : School Governance and Operations Division (SGOD)  
Curriculum Implementation Division (CID)  
District In-Charge  
Elementary and Secondary School Heads  
Elementary and Secondary School DRRM Coordinators  
This Division



1. This Division through DRRM Section aims to continue the operation on the delivery of learning services amidst pandemic by identifying on time response to boost the emotional and psychological health of the teaching and non-teaching personnel, prepare, guarantee protection and increase resiliency of the Department of Education (DepEd) constituents in the face of disaster brought by the COVID 19.
2. Hence, there will be a **Virtual Capacity Building for Psychological First Aid Providers for DepEd COVID-19 Infected Individuals** on Wednesday August 4, 2021 from 8:00 AM to 5:00 PM.
3. There must be at least one participant from each school either the school head/DRRM Coordinator or an alternate DRRM Coordinator.
4. Participants shall join via Microsoft Team link <https://bit.ly/PFAtraining2021>. See Enclosure 1 for the list of participants.
5. Meals and snacks of the participants shall be charged to the Planning, Monitoring and Evaluation program support fund and are subject to the government's accounting and auditing rules and regulations.
6. For inquiries, contact Mr. Jolito P. Vince of DRRM Section at mobile number 0948-060-5864 or email at [jolito.vince@deped.gov.ph](mailto:jolito.vince@deped.gov.ph).

  
**AGUSTINES E. CEPE, CESO V**  
Schools Division Superintendent

AEC/jpv/06-20-2021

Enclosure No. 01 to Division Memorandum No. 145 s. of 2021

**LIST OF PARTICIPANTS**

ACTIVITY: Virtual Capacity Building for Psychological First Aid Providers for DepEd COVID 19 Infected Individuals

Date: Wednesday, August 4, 2021

No.	STATION	Name	Office/Training Tasks
1	SDO - SGOD	Mario Esteban Arsenal	SEPS - M&E
2	SDO-SGOD	Dorothy Neri	Speaker / Division Planning Officer
3	SDO - SGOD/CID/South District	Jolito P. Vince	Div. DRRM Coordinator/DIC/Speaker
4	TCNHS	John Lyric D. Poligrates, RGC	Speaker / Guidance Counselor II
5	CID/Central District	Shieldon F. Honculada	District In-Charge
6	CID/North District	Eleazar Penonal	District In-Charge
7	CID/Southwesr District	Sherly C. Alivio	District In-Charge
8	Maquilao IS/South District	Maristhel Gutang	Virtual EMCEE
<b>Total</b>			

No.	SOUTH DISTRICT/STATION	Name of DRRM Coordinator or ALternate DRRM Coordinator	Position
1	Aquino ES	Lora May V. Casile	Teacher I
2	Garang ES	Marie Christine S. Manlongat	Teacher III
3	Labuyo ES	Rosalita B. Fernandez	Teacher III
4	Lorenzo Tan MCS	Richel M. Honculada	Teacher III
5	Maquilao IS	Julius V. Candano	Teacher III
6	Pangabuan Beach ES	Tessie E. Arcadio	Teacher III
7	Pangabuan IS	Rachel P. Mondejar	Master Teacher 1
8	Prenza ES	Joey V. Tenebro	Teacher 1
9	Taguite ES	Terry Lou D. Lumacad	Teacher 1
10	Vidasto Carillo ES	Bella A. Tangcogo	Teacher 1
11	San Antonio ES	ALLYN B. AGAD	Teacher 1
12	Lorenzo National HS	Fe C. Lagbunan	Teacher III
13	Caniangan NHS	Rogeto O. Lopez	Teacher I
<b>Total</b>		13	

No.	SOUTHWEST DISTRICT/STATION	Name of School Head/DRRM Coordinator	Position
1	Balatacan Beach PS	Shiyeva May C. Torillo	Teacher I
2	Balatacan ES	Winber Berg T. Cañete	Teacher I
3	Bintana IS	Paul Alen B. Rodriguez	Teacher I
4	Bocator ES	Juvelyn T. Balbuena	Teacher I
5	Guinabot ES	Jade V. Penas	Teacher I
6	Guinalaban ES	Ronel B. Mangindo	Teacher I
7	Kampit PS	April Rose B. Pondoc	Teacher I
8	Matugnao ES	Analyn C. Generalao	Teacher I
9	Owayan ES	Charlene E. Palmero	Teacher I
10	Paiton Integrated School	Elvira P. Betache	Teacher I

11	Panalsalan ES	Skylyn P. Sejismondo	Teacher I
12	San Vicente ES	Leebert M. Dimpaso	Teacher III
13	Sicot ES	Rey M. Lasay	Teacher III
14	Silangit ES	Zibbren A. Bureros	Teacher III
15	Simasay ES	Joanne T. Bation	Teacher I
16	Sumirap CS	Mary Chrys M. Comlson	Teacher III
17	Tumatyag P/S	Cylah Mae A. Ewican	Teacher I
18	Tugas ES	Marestela C. Adlaon	Teacher III
19	Silangit NHS	McNell O. Sabandal	Teacher I
20	Simasay NHS	Wilson C. Agot Jr	Teacher I
21	Sumirap NHS	Emadyl Bonlie D. Casuyon	Teacher I
	Total	21	
No.	CENTRAL DISTRICT/STATION	Name of School Head/DRRM Coordinator	Position
1	Baluc ES	WENNIELYN B. YUAG	Teacher I
2	Barangay Tres ES	Mary Jabe F. Redoblado	Teacher I
3	Bongabong ES	VIRCELITA S. VILLEJO	Teacher III
4	Katagan ES	MARYLE ROSE T. RETUYA	Teacher I
5	Kauswagan ES	ANGELINA D. LABRADOR	Teacher III
6	Kimat ES	LOVELY FAIR M. PETILUNA	Teacher I
7	Lumban ES	JELLY ANTIPUESTO	Teacher I
8	Polao IS	Jaiffel S. Apat	Teacher I
9	San Apolinario ES	Estrella O. Alcoseba	Teacher I
10	Sta. Cruz ES	Edito P. Bugsocan Jr.	Teacher III
11	Sto. Nino ES	Aileen M. Macaulang	Teacher III
12	Tangub City CS	Jerold B. Ledres	Teacher III
13	Bongabong NHS	Christy Joy S. Capino	Teacher I
14	Mayor Alfonso Tan HS	WELBY B. RICO	Teacher I
15	Tangub City NHS	STEWART E. HAMAC	Head Teacher II
	Total	15	
No.	NORTH DISTRICT/STATION	Name of School Head/DRRM Coordinator	Office/Position
1	Banglay ES	Jovelyn C. Gulahab	Teacher III
2	Bitoon PS	Mae Ladylou Z. Pinote	Teacher I
3	Capalaran ES	Fremelyn P. Paglinawan	Master Teacher I
4	Capalaran West ES	Cristel C. Suminguit	Teacher I
5	Hoyohoy ES	Jordan Randolph P. Manaloto	Teacher I
6	Isidro D. Tan ES	Marycris A. Geralde	Teacher I
7	Maloro IS	Prejun B. Bitacura	Master Teacher I
8	Manga ES	Rocel R. Artajo	Teacher I
9	Minsubong ES	Rhoda Mae P. Abatayo	Teacher I
10	Salimpuno ES	Annalyn A. Calunsag	Teacher I
11	Silanga ES	LILIBETH S. UNGAB	Teacher III
12	Sta. Maria CS	ALMA T. MENDOZA	Teacher III
13	Tituron ES	Darryl Z. Cuizon	Teacher I
14	Villaba ES	MYLA B. LIBREDO	Master Teacher I
15	Sta. Maria NHS	MARIETA T. AMIT	Teacher I
16	Banglay NHS	Fidel Jr. Abing Abellana	Teacher I
	Total	16	

### TRAINING MATRIX

Virtual Capacity Building for Psychological First Aid Providers for DepEd COVID19 Infected Individuals  
Tuesday, August 4, 2021 (8:00 AM-5:00PM)

Time	Activities	Speaker / Facilitator
8:00-8:30 AM	Preliminaries National Anthem Opening Prayer Welcome Talk  Message	Multi-Media  <b>Jolito P. Vince</b> Division DRRM Coordinator  <b>Dr. Agustines E. Cepe, CESO V</b> Schools Schools Division Superintendent
8:30:9:00 AM	Wellness Session	Dorothy P. Neri Division Planning Officer
9:00 AM - 10:00 AM	Family Rituals during the Pandemic	John Lyric D. Poligrates, RGC Guidance Counselor II
10:00 AM - 10:05 AM	Health Break	
10:05AM – 12:00 PM	Living Through a time of Crisis	John Lyric D. Poligrates, RGC Guidance Counselor II
12:00 PM-1:00PM	Lunch Break	
1:00 PM -3:00 PM	Positivity & Self-care amidst Pandemic (Session 1)	John Lyric D. Poligrates, RGC Guidance Counselor II
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 4:15 PM	Positivity & Self-care amidst Pandemic (Session 1)	John Lyric D. Poligrates, RGC Guidance Counselor II
4:15PM – 4:50 PM	Closing Program Ways Forward  Closing Prayer  Virtual Program EMCE	<b>Mrs. Myrna Regidor</b> SGOD Chief <b>Multi-Media</b>  <b>Maristhel Gutang</b>