

March 30, 2022

DIVISION MEMORANDUM

No. 81, s. 2022

**PARTICIPATION IN THE CONDUCT OF THE
"HEALTHY YOUNG MINDS PH: THE PODCAST"**

To: Assistant Schools Division Superintendent
Chief Education Supervisors (CID and SGOD)
District In-Charge
Secondary School Heads
All Others Concerned
This Division

1. Pursuant to OUA MEMORANDUM 00-0322-0146 titled "Participation in the conduct of the Healthy Young Minds PH: The Podcast", this Office enjoins public secondary school heads to coordinate participation of all learners, DepEd personnel, parents and the public by tuning in on the podcast on **April 4, 6 & 8 (Monday, Wednesday and Friday)**. This will be broadcast on Spotify, partner local radio stations and other DepEd social media platforms.
2. This activity intends to:
 - a. Increase youth participation in addressing different struggles of a teenager that cause mental health problems.
 - b. Train high school students to provide support to other teens through a story-telling (kwentuhan) approach.
 - c. Gain knowledge on the beneficial role of social media in increasing the awareness on teen mental health.
3. See attached OUA MEMORANDUM 00-0322-0146 for details.
4. For immediate action.

AGUSTINES E. CEPE, CESO V
Schools Division Superintendent

AEC/SGOD/abm/03-30-22





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Republika ng Pilipinas

Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

OUA MEMORANDUM 00-0322-0146

16 March 2022

For: **Regional Directors
Regional YFD Coordinators
Regional DRRM Coordinators
Schools Division Superintendents Concerned
Division YFD Coordinators Concerned
Division DRRM Coordinators Concerned
School Heads Concerned**

Subject: **PARTICIPATION IN THE CONDUCT OF THE 'HEALTHY YOUNG MINDS PH: THE PODCAST'**

The Office of the Undersecretary for Administration (OUA), through the Disaster Risk Reduction and Management Service (DRRMS), has been campaigning to gain advocates for mental health by increasing awareness and engaging learners in mental health-related programs.

As part of the **World Teen Mental Wellness Day** celebration, DRRMS, together with the Youth Formation Division (YFD), will conduct a podcast titled **'Healthy Young Minds PH: The Podcast' on April 4, 6 & 8 (Monday, Wednesday and Friday)**. This will be broadcast on Spotify, partner local radio stations and other DepEd social media platforms. This activity intends to:

- Increase youth participation in addressing different struggles of a teenager that cause mental health problems.
- Train high school students to provide support to other teens through a story-telling (*kwentuhan*) approach.
- Gain knowledge on the beneficial role of social media in increasing the awareness on teen mental health.

With this, OUA requests the regional offices and Schools Division Offices the following:

Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

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- a. Participation of secondary high school students, DepEd personnel, parents and the public by tuning in on the podcast.
- b. Approval on the participation of identified students who will serve as panelists/podcast hosts. *(Please see Annex A.)*

All invited students who will serve as panelists are officers of the National Federation of Supreme Student Governance (NFSSG).



All student panelists are encouraged to participate in the **series of preparatory workshops** to be facilitated by experts on the fields of psychology, podcasting, social media, etc. These activities will be held on **March 21, 2022 (Monday) at 3:00 PM.** *(Please see Annex B.)*

The designated Regional Youth Formation Coordinators (RYFCs) will serve as guardians of the identified student panelists during the preparatory workshops. As guardians, they will address the concerns of the student panelist, including the facilitation and submission of confirmation slip and consent form to DRRMS on or before March 18, 2022. Please furnish a copy to BLSS-YFD. *(Kindly see Annex C & D.)*

All confirmed student panelists are requested also to be excused in the classes that will be affected by the workshops.

For questions and clarifications, please contact Mr. Raymand Sardido of the DRRMS at drmo+mhps@deped.gov.ph and Mr. Matt Gaven Matibag of BLSS-YFD at blss.yfd@deped.gov.ph.

For immediate action.



ALAIN DEL B. PASCUA
Undersecretary



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