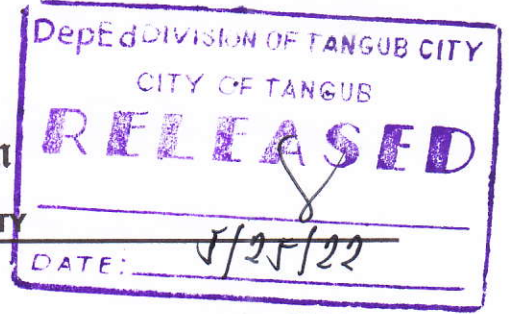




Republic of the Philippines  
Department of Education  
Region X  
SCHOOLS DIVISION OF TANGUB CITY



Office of the Schools Division Superintendent

May 24, 2022

**DIVISION MEMORANDUM**  
No. 136, s. 2022

To: Public Schools District In-Charge  
Division WinS Coordinator  
All Others Concerned  
This Division

Subject: **MENSTRUAL HYGIENE DAY 2022**

1. This Office disseminates **OUA MEMORANDUM 00-0522-0128** dated May 19, 2022 entitled, "**MENSTRUAL HYGIENE DAY 2022**", for the information and reference of all concerned.
2. Attached are the OUA MEMORANDUM 00-0522-0128 and program schedule. The Zoom registration link shall be provided by the Division WinS Coordinator before the event.
3. For more information, queries, or concern on this subject, please contact Cecille Louelle A. Gulbe (Division WinS Coordinator) of the School Health and Nutrition Section, through 0909-475-5001.
4. For wide dissemination and compliance.

**NIMFA R. LAGO, PhD, CESO VI**  
Assistant Schools Division Superintendent  
OIC-Office of the Schools Division Superintendent

p.p.

  
**LORENA P. SERRANO, CESO VI**  
Assistant Schools Division Superintendent



Address: Anecito Siete St. Mantic, Tangub City  
Telephone: (088) 530 - 5988



Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim



OUA019-0122-0128  
To Advise Higher Education  
Please Ask For QR Code



**OUA MEMO 00-0522-0128**  
**MEMORANDUM**  
19 May 2022

For: **Regional Directors and BARMM Education Minister**  
**Schools Division Superintendents**  
**Regional and Division Coordinators**  
(Water, Sanitation and Hygiene [WASH] in Schools [WinS] Program)  
**Public Schools District Supervisors**

Subject: **MENSTRUAL HYGIENE DAY 2022**

The Office of the Undersecretary for Administration (OUA) through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), in partnership with GIZ, UNICEF, and Save the Children Philippines, will conduct a webinar on **27 May 2022 from 2:00 to 5:00 p.m.** for the celebration of **Menstrual Hygiene (MH) Day 2022** with the theme, *Advancing Menstrual Hygiene Management in the Philippines*. This event will highlight the progress made through the years, as well as feature a discussion on strategies to advance Menstrual Hygiene Management (MHM) in schools as part of the Department's WinS Program.

This activity aims to:

1. break the taboos and end the stigma surrounding menstruation;
2. raise awareness about the challenges regarding access to menstrual products, education on menstruation, and period-friendly sanitation facilities; and
3. mobilize the funding required for action at scale.

Meeting the hygiene needs of all adolescent girls and women in all settings enables human rights, dignity and public health. Social pressures and biological needs may prevent girls from participating in classes, clubs, sports or other activities. MHM challenges can negatively impact learning experiences of girls leading to school absenteeism, decreased participation, distraction and falling behind in course work, among others.

In this regard, the OUA respectfully requests all concerned to actively participate in the activity.



Scan the QR Code to view  
Videos and Magazines  
of Menstrual Programs



**Office of the Undersecretary for Administration (OUA)**

*(Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO))*

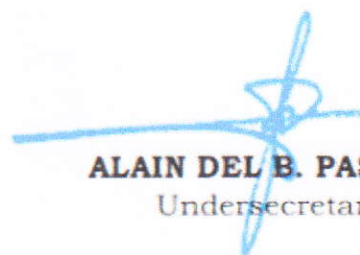
Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg.; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207  
Email: usec.admin@deped.gov.ph; Facebook/Twitter @depedtavo

Kindly refer to the following details and reminders:

1. All WinS Coordinators from Regional Offices (ROs) and Schools Division Offices (SDOs) must pre-register and be in the Zoom platform 15 minutes before the start of the activity. This also applies to other representatives from GIZ, UNICEF, and Save the Children Philippines. The Zoom registration link shall be provided to the Regional WinS Coordinators a week before the event.
2. Participants are encouraged to tune in live via **OK sa DepEd** and **DepEd Philippines** Facebook pages and use the Official MH Day 2022 Frame which can be downloaded from these pages. Kindly refer to the attached Program (**Annex A**) and Schedule of Activities (**Annex B**) for more details.
3. Regional Directors and/or Assistant Regional Directors, Education Support Services Division (ESSD) Chiefs, and Regional School Health and Nutrition Personnel are requested to do a short video shoot for Pledge of Commitment (Script: **Region** supports Menstrual Health and Hygiene and WE ARE COMMITTED).

For more information, queries or concerns on this subject, please contact Dr. Maria Corazon C. Dumlao (Chief) and Mr. Vonerich B. Berba (Education Program Specialist II) of the BLSS-SHD, through (02) 8632 9935 or email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).

For information and compliance.

  
**ALAIN DEL B. PASCUA**  
Undersecretary



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To authenticate this document,  
please scan the QR Code.



## Annex A

### Advancing Menstrual Hygiene Management in the Philippines (27 May 2022, 2:00-5:00 p.m.)

#### Tentative Program

Time	Topic	Resource Person
2:00-2:10 p.m.	Preliminaries	
2:10-2:20 p.m.	Opening Remarks	<b>Alain Del Pascua</b> Undersecretary for Administration, Department of Education (DepEd)
2:20-2:50 p.m.	WinS MHM Monitoring Results (SY 2020/21)	<b>Dr. Ma. Corazon Dumlao</b> Chief Health Program Officer, Bureau of Learner Support Services (BLSS), DepEd
2:50-2:55 p.m.	Break	
2:55-3:25 p.m.	<i>Kwenturian</i> and OKY App	<b>Mr. Jon Michael Villaseñor</b> WASH Advisor, UNICEF Philippines
3:25-3:30 p.m.	Break	
3:30-4:10 p.m.	Menstruation-friendly schools	BLSS-School Health Division (SHD)  GIZ Philippines  Guest model schools (video presentation)
4:10-4:15 p.m.	Break	
4:15-4:45 p.m.	Role of Children in MHM	Save the Children Philippines
4:45-4:50 p.m.	Break	
4:50-5:00 p.m.	Closing Remarks	<b>Lope Santos III</b> Director, BLSS, DepEd

#### Moderators:

Mr. Glenn Martin Raroque, Nurse II, SDO Alaminos City  
Ms. Maria Regina Sibal, Senior Advisor, GIZ Philippines



**Annex B**

**Advancing Menstrual Hygiene Management in the Philippines**  
(23-27 May 2022)

**Tentative Schedule of Activities**

<b>Date</b>	<b>Activity</b>
23 May 2022	Menstruation bracelet campaign* (AM)
	Teaser video (PM)
24 May 2022	GIZ menstruation bracelet group photo/collage with caption on commitment (AM)
25 May 2022	UNICEF menstruation bracelet group photo/collage with caption on commitment (AM)
	Special Episode of Adolescent Health Series: #RedDays: Menstrual Health Awareness (PM)
26 May 2022	SCP menstruation bracelet group photo/collage with caption on commitment (AM)
27 May 2022	DepEd menstruation bracelet group photo/collage with caption on commitment (AM)
	DepEd and partners video (PM)
	Webinar (PM)

