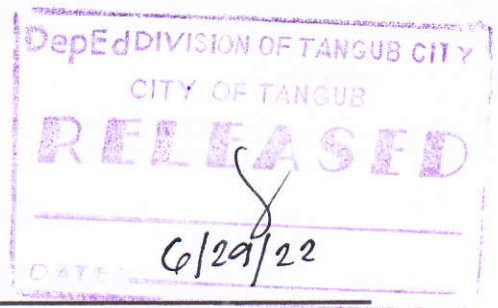




Republic of the Philippines
Department of Education
Region X
SCHOOLS DIVISION OF TANGUB CITY



Office of the Schools Division Superintendent

June 28, 2022

DIVISION MEMORANDUM
No. 167, s. 2022

**ANNUAL PHYSICAL EXAMINATION OF DepEd EMPLOYEES
TEACHERS AND NON-TEACHING PERSONNEL FY: 2022**

To : Schools Division Superintendent
Asst. Schools Division Superintendent
Chief, Curriculum Implementation Division (CID)
Chief, School Governance Operating Division (SGOD)
Office of the Schools Division Superintendent (OSDS)
Public Schools District In charge
Elementary & Secondary School Heads
This Division

1. The Civil Service Commission Memorandum Circular #17, s. 1989 states that all DepEd teaching and non-teaching personnel shall undergo annual physical examination.
2. The Annual Physical Examination shall be conducted to ensure that the employee is physically fit to perform their assigned roles and functions, give quality, healthy and safe services as public servant.
3. All DepEd Employees are required to undergo Laboratory or Diagnostic test which includes Complete Blood Count (CBC), Urine Analysis, standard Chest X-Ray (except for pregnant women).
4. All teaching and non-teaching personnel are directed to submit their Chest X-ray result (within six (6) months from the time of examination), Urinalysis and Complete Blood Count (CBC) (within one (1) month from the time of examination) during the annual physical examination.
5. Attached herewith is the Form 86 which will be utilized in accordance with DepEd Memorandum No. 22 s. 2015, the Division Medical Officer will be the one to sign the said form.
6. Results of Chest X-ray, CBC, and Urinalysis (original copy) shall be attached to Form 86 following the Privacy Act of 2012 for Diagnostic Laboratory Assessment and medical check-up by the Division Medical Officer.
7. Oral Dental Examination is also required to all personnel as part of the Annual Dental Clearance.



Address: Anecito Siete St. Mantic, Tangub City
Telephone: (088) 530 - 5988



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8. Please comply with IATF protocols and strict minimum health standards during the diagnostic and laboratory test at your chosen laboratory clinics and during medical check-up such as:
 - a. Physical distancing
 - b. Coughing etiquette
 - c. Wearing face mask
 - d. Bringing of own ball pen

9. Schedule for medical check-up and dental examination: **Monday, Wednesday & Friday from 8:30am to 4:30pm**, all teaching and non-teaching personnel can visit, open to all districts.

10. For your information and strict compliance.


NIMFA R. LAGO, PhD, CESO VI

Assistant Schools Division Superintendent

OIC-Office of the Schools Division Superintendent 

Reference:

DepEd Regional Memorandum: No. 31, s 2009

Allotment: 4-(R.O.1-02)

To be indicated in the Perpetual Index

Under the following subjects:


HEALTH CLEARANCE

HEALTH EDUCATION

HEALTH INTERVENTION



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FORM 86

(Annual Physical Examination)

Date: _____

HEALTH EXAMINATION RECORD

A. GENERAL INFORMATION

Name: _____ Department: _____
 Place of Birth: _____ Date of Birth: _____
 Age: _____ Sex: _____ Civil Status: _____
 District: _____ Type of Work: _____
 School: _____ Years in Service: _____

B. HEALTH STATUS:

Height (Cm.) _____ Weight (kg.) _____
 Temperature: _____

Respiratory System:

Respiratory Rate: _____ Pulse Rate: _____
 Throat: _____ Tongue: _____
 Ear: _____ Nose: _____
 Hearing: Right Ear: _____ Left Ear: _____
 Chest X-ray: _____ Sputum: _____

Circulatory System:

Blood Pressure: Systole: _____ Diastole: _____
 Heart Rate: _____ Blood Type: _____
 CBC: _____

Digestive System:

Mouth: _____ Teeth & Gums: _____

Reproductive System:

Urinalysis: _____ Skin: _____

Nervous System:

Eye Conjunctiva: _____ Color Perception: _____
 Locomotor: _____
 Vision: Without Eyeglasses: _____ With Eyeglasses: _____

Immunization: _____

REMARKS: _____

RECOMMENDATION: _____

Date: _____

GERIC O. ENTIA, MD, MPH
 (Signature over Printed Name)
 License No. 0143227



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