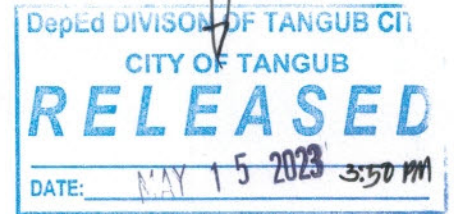




Republic of the Philippines  
**Department of Education**  
Region X  
**SCHOOLS DIVISION OF TANGUB CITY**



April 27, 2023

**DIVISION MEMORANDUM**

No. 129, s. 2023

**BOOSTING MENTAL AND SPIRITUAL HEALTH  
FOR NON-TEACHING PERSONNEL**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors (CID and SGOD)  
Education Program Supervisors  
Public Schools District In-Charge (PSDICs)  
Public Elementary and Secondary School Heads  
All Others Concerned  
This Division

1. Relative to DepEd Memorandum DM-HROD-2022-0257 titled "2022 Organizational and Professional Development for Non-Teaching Personnel Program Support Fund, Guidelines in the Allocation, Utilization and Monitoring, this Office announces the field for the conduct of **Boosting Mental and Spiritual Health for Non-Teaching Personnel** on May 11-12, 2023 from 8:00 a.m.– 5:00 p.m. at the Division Conference Hall, Mantic, Tangub City.
2. The training aims to:
  - a. Sound mind and sound body of the participants,
  - b. Enhance teaming in a God's centered workplace, and
  - c. Improve individual contribution for organizational performance.
3. The participants are all non-teaching plantilla personnel.
4. Enclosed is the training matrix.
3. For more information, please contact Rene Boy G. Roxas, Senior Education Program Specialist of the Human Resource Training and Development via 09303375846.
4. For immediate dissemination and compliance.

**SHAMBATH A. ABANTAS-USMAN, PhD, CESE**  
Assistant Schools Division Superintendent  
OIC-Office of the Schools Division Superintendent



Address: Anecito Siete St. Mantic, Tangub City  
Telephone: (088) 530 - 5988



Republic of the Philippines  
**Department of Education**  
Region X  
**SCHOOLS DIVISION OF TANGUB CITY**

Enclosure No. 1 to Division Memorandum No. \_\_\_\_ s, 2023

**TRAINING MATRIX**

<b>May 11 2023</b>	<b>Activity</b>	<b>Person Responsible</b>
7:30-8:00	Registration	
8:00-8:20	Opening Program	Rene Boy G. Roxas SEPS-HRTD
8:20-11:45	Session 1 Mental Health Awareness and Coping mechanism	John lyric Poligrates Guidance Counselor II
Lunch break		
1:00-4:30	Session 2 Gift of Grace	Mary Grace T. Luna
4:30-5:00	Processing activity	
<b>May 12, 2023</b>		
7:30-8:00	Registration	
8:00-8:20	Opening Program	Rene Boy G. Roxas SEPS-HRTD
8:30-10:00	Session 3 Renewing God's Presence in the workplace	Rev. Fr. Ernest Culanag Parish Priest
10:00 – 10:20	Break	
10:20 – 11:45	Session 4 Holy Mass	Rev. Fr. Ernest Culanag Officiating Priest
11:45-12:00	Closing activity	



Address: Anecito Siete St. Mantic, Tangub City  
Telephone: (088) 530 - 5988