



Republic of the Philippines
Department of Education
Region X
SCHOOLS DIVISION OF TANGUB CITY



July 7, 2023

DIVISION MEMORANDUM

No. 216, s. 2023

2023 NUTRITION MONTH CELEBRATION

To : Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division (CID)
Chief, School Governance Operations Division (SGOD)
Education Program Supervisors
Public District In-Charge
Public Elementary & Secondary School Heads
All Others Concerned
This Division

1. This office disseminates Regional Memorandum No. 0356 s. 2023 dated June 30, 2023 from Dr. Arturo B. Bayocot, CESO III Regional Director, DepEd-Region X, entitled, "2023 Nutrition Month Celebration".

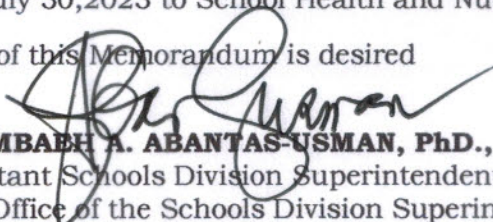
2. Nutrition Month is celebrated every July pursuant to Section 7 of Presidential Degree No. 491, the Nutrition Act of the Philippines dated June 25, 1974. The theme for 49th Nutrition Month is "**Healthy Diet gawing affordable for all!**" which aims to create awareness and promote improved access to affordable healthy diets, reduce malnutrition and advance food security.

3. All offices and schools are encouraged to support the annual campaign through the implementation of a purposive plan of activities relevant to the theme. The following are suggested activities to celebrate the Nutrition Month.

- a. Hanging streamers or tarpaulin on Nutrition Month Campaign. The official tarpaulin design is available for download at the NNC website(www.ncc.gov.ph) and Facebook page(www.facebook.com/NNCRgionX)
- b. Conduct seminars and other forms to discuss the Nutrition Month key messages.
- c. Help promote and disseminate correct information on affordable healthy diets.
- d. Conduct other activities that would highlight and promote affordable healthy diets.

4. Submission of a narrative report with action photos on the activities during the month-long celebration on July 30, 2023 to School Health and Nutrition Unit.

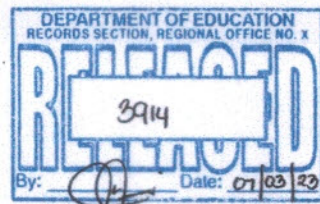
5. Immediate dissemination of this Memorandum is desired


SHAMBAH A. ABANTAS-USMAN, PhD., CESE
Assistant Schools Division Superintendent
OIC-Office of the Schools Division Superintendent

Enclosures: Regional Memorandum No. 0356 s. 2023
References: As stated
To be indicated to Perpetual Index under the following
HEALTH CELEBRATION Re: 49th Nutrition Month



Address: Anecito Siete St. Mantic, Tangub City
Telephone: (088) 530 - 5988



June 30, 2023

REGIONAL MEMORANDUM
No. 066, s. 2023

NUTRITION MONTH CELEBRATION 2023

To: Assistant Regional Director
Schools Division Superintendents
All Others Concerned

1. The Bureau of Learner Support Services–School Health Division (SHD), through the Health and Nutrition Unit – Education Support Services Division (HNU – ESSD), enjoins all the learners, teaching and nonteaching personnel, officials, and other stakeholders, including parents, to participate in the activities related to the 2023 Nutrition Month Celebration. This activity is pursuant to Section 7 of Presidential Decree No. 491 (Nutrition Act of the Philippines) held every July to create greater understanding of nutrition among Filipinos.
2. The theme for the 49th Nutrition Month is “Healthy diet gawing affordable for all!” which aims to raise awareness and promote improved access to affordable healthy diets reduce malnutrition and advance food security.
3. All DepEd offices and schools are encouraged to support the annual campaign through the implementation of a purposive plan of activities relevant to the theme. More specifically, the following are the suggestions to celebrate Nutrition Month:
 - a. Hang streamers or tarpaulins on Nutrition Month Campaign. The official tarpaulin design is available for download at the NNC website (www.nnc.gov.ph) and Facebook Page (www.facebook.com/NNCRegion10)
 - b. Conduct seminars and other forms to discuss the Nutrition Month key messages.
 - c. Help promote and disseminate correct information on affordable healthy diets through print, social media, TV, radio, and other media; and
 - d. Conduct other activities that would highlight and promote affordable healthy diets.



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<http://deped10.com>



4. Furthermore, to document the activities undertaken during the month-long celebration, kindly submit a documentation report with action photos no later than August 18 through hnu.regionx@deped.gov.ph. Attached is the report template reference.
5. For more information, please contact Hannah Leizl K. Ratunil, RND, Nutritionist-Dietitian II and regional SBFP coordinator, ESSD, at 0975-605-8439 or email at hannableizl.ratunil@deped.gov.ph.
6. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director



DR. FEDERICO P. MARTIN, CESO V
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

To be indicated in the Perpetual Index
under the following subjects:

HEALTH CELEBRATION

RE: 49th Nutrition Month

ESSD/Hannah

Outline of Report on 2023 Regional Nutrition Month Celebration

SDO/SCHOOL: _____

Title/Date and venue of Activity	Brief Description and Objectives	Participants (Who and How many)	Beneficiaries (Who and How many)	Insights/issues raised	Benefits Derived from the Activity	Clients' Feedback

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