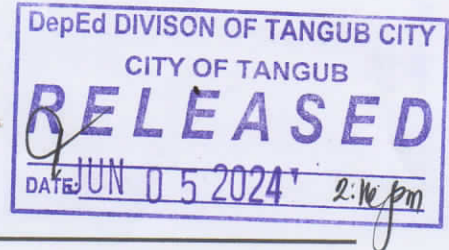




Republic of the Philippines
Department of Education
Region X
SCHOOLS DIVISION OF TANGUB CITY



May 31, 2024

DIVISION MEMORANDUM

No. 202 , s. 2024

2024 ANNUAL PHYSICAL EXAMINATION FOR TEACHING AND NON-TEACHING PERSONNEL

To : Assistant Schools Division Superintendent
Chief Education Supervisors (CID & SGOD)
Education Program Supervisors
Public Schools District In-Charge
Public Elementary & Secondary School Heads
All Others Concerned
This Division

1. Pursuant to DepEd Memorandum No. 22, s. 2015 entitled “*Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching Personnel)*”. All Department of Education (DepEd) teaching and non-teaching shall undergo annual physical examination in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989.
2. All teaching and non-teaching Personnel in the division shall undergo the following diagnostic examinations: Complete Blood Count, Urinalysis and Chest x-ray (within 6months). If the employee is pregnant, she will be advised to undergo a sputum microscopy or Gene X-pert in lieu of the chest x-ray.
3. To ensure that all DepEd teaching and non-teaching personnel are physical fit to perform their roles and functions and to guarantee the proper implementation of this memorandum, it is advice that the annual medical check-up be one of the requirements for clearance of teachers and non-teaching personnel at the end of the school year.
4. The Annual Health Examination Form 86 with completion of all the diagnostic tests required may be filled out or signed by the DepEd Medical Officer, Konsulta Service Provider Medical Officer, or any government-licensed physician. Attached herewith is the CS Form 86.
4. To help alleviate with the financial burden of the laboratory test fees, all DepEd teaching and non-teaching personnel are encouraged to avail of the PhilHealth Konsulta Package depending on the availability of the accredited service provider within the area. For more details, attached are the Accredited Konsulta Package Provider for CY 2024 for your reference.
5. All DepEd personnels are enjoined to support this memorandum to forge and sustain a healthy government workplace to provide continuous, efficient, and effective delivery of services to the public, most especially to our learners.



Address: Anecito Siete St. Mantig, Tangub City
Telephone No: (088) 530 - 5988
Email: tangub.city@deped.gov.ph
Website: www.tangub.deped.gov.ph



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6. Submission of Annual Physical Examination with complete original laboratory results will be placed in a folder by school with list of teachers on or before July 15, 2024, at the Division Office.
7. For queries, refer to the School Health Section and contact Cecille Louelle A. Gulbe, on 0948 065 0448.
8. For information and strict compliance.

SHAMBAEH A. ARANTAS-USMAN, PhD, CESO VI
Schools Division Superintendent



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Republic of the Philippines
Department of Education
 Region X
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FORM 86

(Annual Physical Examination)

Date: _____

HEALTH EXAMINATION RECORD

A. GENERAL INFORMATION

Name: _____ Department: _____
 Place of Birth: _____ Date of Birth: _____
 Age: _____ Sex: _____ Civil Status: _____
 District: _____ Type of Work: _____
 School: _____ Years in Service: _____

B. HEALTH STATUS:

Height (Cm.) _____ Weight (kg.) _____
 Temperature: _____

Respiratory System:

Respiratory Rate: _____ Pulse Rate: _____
 Throat: _____ Tongue: _____
 Ear: _____ Nose: _____
 Hearing: Right Ear: _____ Left Ear: _____
 Chest X-ray: _____ Sputum: _____

Circulatory System:

Blood Pressure: Systole: _____ Diastole: _____
 Heart Rate: _____ Blood Type: _____
 CBC: _____

Digestive System:

Mouth: _____ Teeth & Gums: _____

Reproductive System:

Urinalysis: _____ Skin: _____

Nervous System:

Eye Conjunctiva: _____ Color Perception: _____
 Locomotor: _____
 Vision: Without Eyeglasses: _____ With Eyeglasses: _____

Immunization: _____

REMARKS: _____

RECOMMENDATION: _____

Date: _____

 Physician/ Medical Officer
 (Signature over Printed Name)

License No. _____



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f Accredited Konsulta Package Providers for CY 2024 Updated as of January 31, 2024

IISAMIS OCCIDENTAL									
NO	NAME OF HEALTH FACILITY	TEL. NO	EMAIL	STREET	MUNICIPALITY	START DATE	EXPIRE DATE	SEC	HEAD
357	CALAMBA DISTRICT HOSPITAL KONSULTA PROVIDER	9456570149	calambadistrict@yahoo.com	BUNAWAN	CALAMBA	1/1/2024	12/31/2024	G	CRISTY T. EMPUERTO, MD
358	CITYMED FAMILY HEALTH CARE CLINIC	92786788841	alimyonablarmontoro79@yahoo.com	GALLARDO ST., SOTH BARANGAY	OZAMIS CITY	1/1/2024	12/31/2024	P	FLORES, JUDITH D., MD
359	CLINICA OZARAGA DOCTORS HOSPITAL	rndbushido@gmail.com	clintcaozaraga@gmail.com	PUROK 4, DIGSON	BONIFACIO	1/1/2024	12/31/2024	P	FRANCIS ANTHONY M. OZARAGA, MD
360	DOÑA MARIA D. TAN MEMORIAL HOSPITAL	885450172	dmdtmh_mantec@yahoo.com	FERTIG STREET MANTIC	TANGUB CITY	1/1/2024	12/31/2024	G	DR. RALPH THADEUS A. PINEDA
361	JIMENEZ MEDICARE COMMUNITY HOSPITAL KONSULTA PROVIDER	(088)5451543	jinchos9@gmail.com	GOMEZ STREEET, NACIONAL	JIMENEZ	1/1/2024	12/31/2024	G	DR. ELLEN P. ASENIERO
362	MISAMIS OCCIDENTAL ALORAN RHU KONSULTA PROVIDER	9190004200	rhu_aloran@yahoo.com	D. TEJANO STREET, BARANGAY DAUSAY	ALORAN	1/1/2024	12/31/2024	G	DR. MARCH NUEL T. CHIONGSON
363	MISAMIS OCCIDENTAL CLARIN RHU KONSULTA PROVIDER	885215170	clarinhru@rocketmail.com	RIZAL STREET, POBLACION 1	CLARIN	1/1/2024	12/31/2024	G	DR. NIÑO CEFERINO D. REVELO II
364	MISAMIS OCCIDENTAL JIMENEZ RHU KONSULTA PROVIDER	885450129	rhujimenez@yahoo.com	CALDERON ST. STA CRUZ	JIMENEZ	1/1/2024	12/31/2024	G	CAROLYN Q. GALEROS, MD
365	MISAMIS OCCIDENTAL PLARIDEL RHU KONSULTA PROVIDER	9159060280	rhu_plaridel@gmail.com	PUROK 7 NORTHERN POBLACION	PLARIDEL	1/1/2024	12/31/2024	G	LOUENICE D. HAMILILUY, MD
366	MISAMIS OCCIDENTAL SAPANG DALAGA RHU KONSULTA PROVIDER	9352342986	rhu_sapangdalaga@yahoo.com	POBLACION	SAPANG DALAGA	1/1/2024	12/31/2024	G	DR. CAMILLE E. DE GUZMAN
367	MISAMIS OCCIDENTAL TUDELA RHU KONSULTA PROVIDER	5451087	rhutudela@gmail.com	PUROK 3 CENTRO NAPU	TUDELA	1/1/2024	12/31/2024	G	DR. AL-FAIRIVYN D. VILLA
368	MOPH-ORQUIETA KONSULTA PROVIDER	5312243	moph.opo@gmail.com	LOWER LANGCANGAN ORQUIETA	ORQUIETA CITY	1/1/2024	12/31/2024	G	DR. MARILYN C. DUMALAGAN
369	OZAMIZ CITY ST. JOSEPH GENERAL HOSPITAL - KONSULTA PROVIDER	885211726	sigfhozamis@yahoo.com	WASHINGTON STREET, SOTH BARANGAY	OZAMIS CITY	1/1/2024	12/31/2024	P	DR. JOSE JAMUEL S. MARAVE
370	PLARIDEL COMMUNITY HOSPITAL	9285002114	pch.plaridel@gmail.com	SOUTHERN POBLACION	PLARIDEL	1/1/2024	12/31/2024	G	DR. JOCELYN L. PALONWAY
371	ST. AUGUSTINE HOSPITAL	885451290	st.augustinehospital2015@gmail.com	PS LAO PROPER	PLARIDEL	1/1/2024	12/31/2024	P	JULIET P. SOLON, MD
372	ST. PADRE PIO DIALYSIS CENTER	9088880388	spddialysiscenter@gmail.com	JEM BLDG., MEDINA ST., CARMEN ANNEX	OZAMIS CITY	1/1/2024	12/31/2024	P	JESSIE M. AVOP, MD
373	TAGALOGUIN-ADONA POLYMEDIC & DIAGNOSTIC CENTER, INC	0950566022/09752618453	adonapolymedic@gmail.com	PUROK 2, BANADERO HIGHWAY	OZAMIS CITY	1/1/2024	12/31/2024	P	ANN T. ADONA, MD
374	TAN HO MEDICAL CLINIC - KONSULTA PROVIDER	885210103	tanhomediclinic@yahoo.com	PUROK 6 VALLEJO ST. SOUTHERN POBLACION	PLARIDEL	1/1/2024	12/31/2024	P	DR. MARGOLD M. BANDOLON
375	TUDELA MUNICIPAL HOSPITAL KONSULTA PROVIDER	885450385	tudelamunicipalhospital@gmail.com	CENTRO NAPU	TUDELA	1/1/2024	12/31/2024	G	DR. ROMMIE V. DESTURA