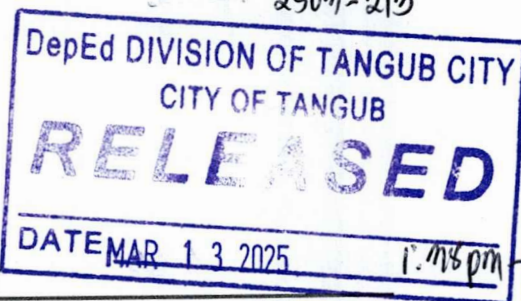




Republic of the Philippines
Department of Education
Region X
SCHOOLS DIVISION OF TANGUB CITY



March 5, 2025

DIVISION MEMORANDUM

No. 96 , s. 2025

DISSEMINATION ON PREVENTION OF HAND, FOOT, AND MOUTH DISEASE

To: Assistant Schools Division Superintendent
Chief Education Supervisors (CID & SGOD)
Public Schools District Supervisors
Elementary and Secondary School Heads
All Others Concerned
This Division

1. This Office disseminates Regional Memorandum No. 147, s. 2025 dated February 27, 2025 entitled, "Prevention of Hand, Foot, and Mouth Disease", for the information and reference of all concerned.
2. We anticipate an upsurge of Hand, Foot, and Mouth Disease at this time of year. Summer and early fall are usually the peak seasons for cases. Hand, Foot, and Mouth Disease (HFMD) is a highly contagious viral infection that can manifest on any of the bodily parts that make up its name.
3. To ensure that an outbreak of the same illness or other illnesses will not happen in this Division, all school administrators and teachers are encouraged to practice preventive habits such as frequent handwashing and to observe health and safety measures and covering one's mouth when sneezing or coughing to avoid transmission of infection.
4. In this connection, all schools shall coordinate immediately with the nearest local health office in case there are affected learners, teaching and non-teaching for possible and prompt treatment. Likewise, incidence cases of HFMD shall be reported to the School Governance Operating Division - School Health and Nutrition for monitoring and appropriate technical assistance.
5. Immediate and wide dissemination of this Memorandum is desired.

SHAMBAEH A. ABANTAS-USMAN, PhD, CESO VI
Schools Division Superintendent

Encl: As stated
Reference: As stated
To be indicated in the Perpetual Index under the following subjects
Control Measures HFMD Prevention
SAU/WTM

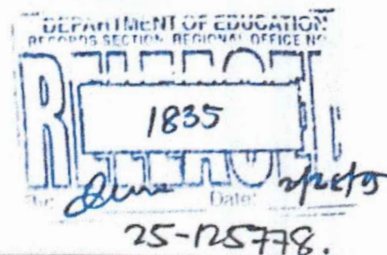


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Doc. Ref. Code	SDO-OSDS-F001	Rev	00
Effectivity	08.16.24	Page	1 of 1



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



February 27, 2025

REGIONAL MEMORANDUM
No. 197, s. 2025

THE PREVENTION OF HAND, FOOT, AND MOUTH DISEASE

To: School Division Superintendents
Principals/School Heads
All Others Concerned

1. Promoting health and safety against the possible outbreak of hand, foot, and mouth disease and other local outbreaks, the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), issues this Memorandum on the prevention of this contagious disease.
2. Please refer to the attachment for details.
3. Likewise, for further queries regarding this concern, please contact Dr. Maria Corazon C. Dumlao and/or Dr. Mariblanca C.P. Piatos, BLSS-SHD, at (02) 8632-9935 or email at blss.shd@deped.gov.ph.
4. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director

in our
ATTY. SHIRLEY D. CHATTO
Chief Administrative Officer
Officer-in-Charge
Office of the Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION SAFETY

ESSD/Leenemson



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
Telephone No: (088) 881-3137
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PREVENTION OF HAND, FOOT, AND MOUTH DISEASE

Hand, Foot, and Mouth Disease (HFMD) is a highly contagious viral infection that commonly affects children and is caused by enteroviruses such as Coxsackievirus. It spreads through direct contact with an infected person's saliva, nasal discharge, blister fluid, or contaminated surfaces. Symptoms include fever, sore throat, reduced appetite, and characteristic rashes or sores on the hands, feet, and mouth.

To ensure the health and safety of learners, teachers, and nonteaching staff in schools, the following preventive measures must be observed and followed:

1. Promote Proper Hygiene and Sanitation

- a. Encourage frequent handwashing with soap and water.
- b. Provide alcohol-based hand sanitizers in classrooms and common areas.
- c. Regularly disinfect high-touch surfaces such as doorknobs, tables, and learning materials.

2. Monitor and Report Cases

- a. Require learners and staff with symptoms to stay at home until fully recovered.
- b. Establish a reporting system for suspected cases and coordinate with local health offices.

3. Strengthen Health Education and Awareness

- a. Conduct information drives on HFMD transmission, symptoms, and preventive measures.
- b. Involve parents and guardians in promoting personal hygiene and early detection of symptoms.

4. Implement Infection Control Protocols

- a. Limit sharing of personal items such as utensils, towels, and toys.
- b. Ensure proper ventilation in classrooms and common areas.
- c. Isolate affected individuals and provide support for their recovery.

The schools should work closely with the schools division health personnel, local health offices, and the Department of Health (DOH) for guidance on response measures and outbreak management.



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