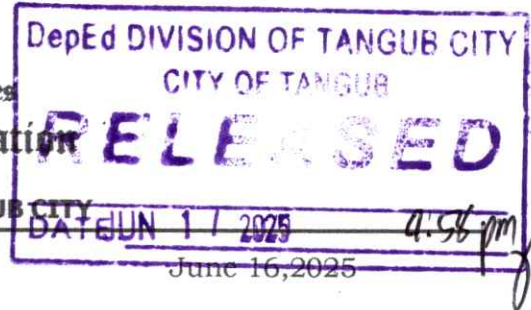




Republic of the Philippines  
Department of Education  
Region X  
SCHOOLS DIVISION OF TANGUB CITY



Division Memorandum  
No. 194, s. 2025

**Preventive Measures Against the Spread of Hand, Foot and Mouth Disease  
(HFMD) in Public Schools**

To: Assistant Schools Division Superintendent  
CID and SGOD Chief Education Supervisors  
Education Program Supervisors  
Public Schools District In-Charge  
Elementary and Secondary Schools Heads  
All Other Concerns  
In this Division

1. In view of the recent increase in reported cases of Hand, Foot and Mouth Disease (HFMD) among school-aged children in the province and the guidance from the Department of Health (DOH) and the Provincial Health Office/ City Health Office all public schools are hereby directed to strengthen the implementation of preventive and control measures to minimize the risk of transmission within school settings.

The following immediate actions are to be undertaken:

1. Daily Monitoring of Learners for Symptoms
  - Conduct visual screening of pupils/students for signs of fever, rashes on hands/ feet, and mouth sores.
  - Report suspected cases to the School Health Personnel or the nearest health facility.
2. Enforce Proper Hygiene and Sanitation
  - Ensure that learners wash their hands with soap and clean water regularly, especially before meals and after using the toilet.
  - Promote cough and sneeze etiquette (e.g., using a tissue or the elbow to cover mouth/nose).
3. Regular Cleaning and Disinfection
  - Clean and disinfect high-touch surfaces (e.g., desks, doorknobs, toys, comfort rooms) daily.
  - Use a bleach solution (1 tablespoon of bleach per 1 liter of water) for effective disinfection.
4. Health Education and Awareness
  - Integrate short discussions on HFMD prevention during class home room or health periods.
  - Display DOH IEC materials on HFMD in visible areas (classrooms, bulletin boards).
5. Immediate Isolation and Referral
  - Learners showing symptoms must be sent home and referred to a health facility for assessment.
  - Reinforce a no-class policy for symptomatic students until fully recovered.



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6. Coordination with LGU and Barangay Health Units
    - Work closely with the local health office or barangay health stations for updates, monitoring, and support in outbreak response.
  7. Parent and Guardian Engagement
    - Disseminate HFMD information through parent-teacher associations (PTAs), school memos, and group messages.
2. In the event of multiple confirmed HFMD cases in a class or grade level, school heads are advised to consult with the Local health authorities and Division School health Section regarding possible temporary class suspension and thorough disinfection.
3. All schools are enjoined to submit a brief weekly report on HFMD surveillance, preventive measures taken, and any referrals made, beginning June 20, 2025, every Friday, through the School Health Section.
4. Immediate dissemination and compliance with this memorandum are directed.

**SHAMBAEH A. ABANTAS-USMAN, PhD, CESO VI**  
Schools Division Superintendent

Encl: As stated  
To be indicated in the Perpetual Index  
under the following subjects  
SCHOOLS  
TEACHERS  
LEARNERS  
HEALTH EDUCATION  
SAU/WTM



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